



LIONS ATHLETIC HANDBOOK

Lakeside Christian School
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OUR PHILOSOPHY



The most important goal of Lakeside Athletics is to help student athletes develop a deeper relationship with Jesus Christ.

During practice and athletic competitions, when opportunities arise, our coaching team is there to encourage athletes to apply God's Word and His principles to their lives. Our coaches are dedicated to helping student athletes relate the victories, hard work, and defeats they experience while playing to their daily walk with Christ.

Our athletes are encouraged to do their very best for God's glory!

Lakeside Athletics also uses discipline and physical training to develop important values in student athlete lives. Our core values focus on commitment, unity, responsibility, discipline, respect, and integrity.

PARENTAL ENGAGEMENT

I am excited that your student has decided to participate in the athletics program at Lakeside! Our dedicated coaching staff is committed to and spends countless hours of preparation for each sport season. They sacrifice their time to train your student athlete with physical training, technique and knowledge. Most importantly, they guide students in the truth of God's word. Please make every effort to treat our coaching staff in such a way that conveys your thankfulness for the sacrifices they are making for your child athletic experience.

Athletes respond to teaching in different ways. Some choose to spend hours training in the off-season and others do not. Some have naturally higher skill levels than others. Because of these and other differences, players are not always given equal amounts of playing time. Please encourage and motivate your student, to do the best they can and to be a team parent. Please guard what you say in front of your child and other parents. Know that your positive actions as a parent can help create success for your child and their team.

I would personally like to thank you for taking the time to read about the athletic program at Lakeside, our philosophy and to consider ways to encourage your child's team and coaches.

We look forward to a great season!



In His Service,
James Coffman
Athletic Director
Lakeside Christian School

OFFERED SPORTS

SPORT	GRADE
Varsity Football	9-12
Middle School Football	6-8
Varsity Volleyball	9-12
Middle School Volleyball	6-8
Varsity Cross Country	9-12
Coed Cross Country	6-8
Elementary Coed Soccer	K-2, 3-5
Cheerleading	6-12

FALL SPORTS

OFFERED SPORTS

SPORT	GRADE
Varsity Boys Basketball	12-12
JV Boys Basketball	9-10
Middle School Boys Basketball	6-8
Varsity Girls Basketball	9-12
Middle School Girls Basketball	6-8
Varsity Coed Soccer	9-12
Middle School Coed Soccer	6-8
Elementary Coed Baseball	K-2, 3-5
Elementary Lacrosse	K-2, 3-5
Cheerleading	6-12

WINTER SPORTS

OFFERED SPORTS

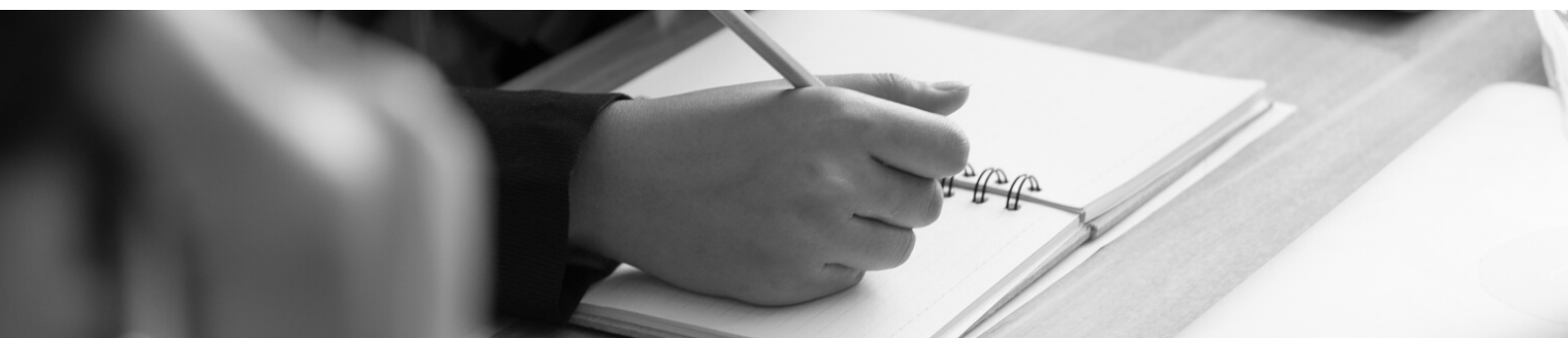
Sport	Grade
Varsity Baseball	6-12
Varsity Softball	9-12
Middle School Softball	6-8
Varsity Coed Track	9-12
Middle School Coed Track	6-8
Elementary Coed Flag Football	K-2, 3-5
Elementary Coed Volleyball	K-2, 3-5
Elementary Coed Basketball	K-2, 3-5

SPRING SPORTS

ACADEMIC ELIGIBILITY

An athlete must have a cumulative high school grade point average of 2.0 or above or a 4.0 un-weighted scale, or its equivalent, in all courses required by s.1003.43(1), Florida Statutes, at the conclusion of each semester to be eligible to play during the following semester.

An athlete whose cumulative grade point average is lower than 2.0 will be ineligible for interscholastic participation during the following semester. They will continue to be ineligible if their cumulative grade point average remains below a 2.0



POLICIES & PROCEDURES

ATTENDANCE

Athletes must be in school at least four hours in order to be eligible to play in contests on the same day.

Exception will only be made for students who miss more than half a day due to a school field trip, doctors appointments, and approved family days.

FREEDOM TO PARTICIPATE

Student athletes that have made a commitment to a team are expected to be at all workouts and competitions.

If there are discipline issues at home, we encourage these to be shared with coaches and the athletic director as soon as possible. Holding back a students for academic related issue and grades, especially if they are eligible by school standards should be made in consultation with the athletic director .

PRACTICES

Athletes are expected to make every effort to attend all practices.

Team practices are held after school hours. Most practices begin around 3:30pm and last anywhere from 1-3 hours. If gym availability or coaching schedules warrant it, some practices may run later in the day or before school..

DISCIPLINE

Coaches have the freedom to discipline athletes as they feel necessary. Discipline will be enforced in regards to conduct, responsibility and other areas deemed necessary. The dean of students, athletic director, and school administrator have the discretion to withhold a student athlete from athletic practice or competition due to behavioral or discipline issues.

ATHLETIC PARTICIPATION

Lakeside enrolled students are not allowed to participate in athletics at other middle or high schools as long as Lakeside offers that sport in which they wish to participate in.

POLICIES & PROCEDURES

ABSENCES: AWAY GAMES

Students who miss classes due to an early dismissal for a game must turn in homework that will be due while they are gone BEFORE they leave for the event. Homework not turned in before they leave will be considered late. Athletes may not receive extended time on the due dates of work assigned while they are absent from a class for an athletic event. Any tests missed must be taken before the absence or completed by the end of the next day in order for the student to receive full credit.

POSITIONS & GAMES

Coaches must have freedom to place athletes in positions/events that are best for the team. Athletes are expected to play the role assigned to them barring any physical injury. Preclusions: Injuries may preclude an athlete from playing particular roles or competing in particular events. If an athlete has an injury that keeps him or her from competing, a parent note will be accepted for the first 3 days. After 3 days, a doctor's note will be required as severe injuries must be dealt with medically.

PLAYING TIME

Playing time varies for the different levels of our athletic programs and teams. Coaches have discretion on starting players, how long they will play, and how long substitutes enter the game and play.

The playing time policy is as follows:

Varsity- At varsity level, playing time is based upon the player's ability and attitude. Ultimately, playing time for each athlete is up to the coach. Playing time is not guaranteed at this level.

*Junior High (6th-8th Grade)- The junior high program is designed to teach the fundamental basics of the sport in order to help prepare for varsity level. Playing time at this level is based on development of the athlete and ultimately up to the coaches. Players may not receive playing time every game.

POLICIES & PROCEDURES

PARENT PARTICIPATION

We ask that all parents have a proper attitude and proper speech while attending sport competitions. Parents are expected to show respect to the team and coaches, refrain from offensive language, refrain from yelling being disrespectful, displaying argumentative and negatives comments while seated in the bleachers. If a parent is asked to leave a competition area, Lakeside will be fined by the FHSA and will have to pay that fine on the parents behalf.

If a parent is communicating with referees or other parents in any way that is considered unsportsmanlike and divisive, Lakeside has the discretion to remove that parent from the field of play or building. The student whose parent has been removed may also be subject to dismissal from the team i

PARENT COACHING

Coaches need freedom to teach athletes the techniques and skills they deem necessary for the betterment of their program and team.

When needed, a coach may raise his/her voice in order to get the athlete's attention or correct a problem. Please allow them to handle the athletes their way, without negating the things the coaches are teaching.

Please do not coach your child from the bleachers. We do not want to confuse our athletes. They need to be able to follow their coach's direction without interference. If a parent continues to coach their child from the bleachers after having been warned to stop, the child may be subject to sitting on the bench until the parent refrains from this behavior.

POLICIES & PROCEDURES

GOOD CAUSE POLICY

Student-athletes who transfer in the middle of the school year are allowed to immediately participate in interscholastic athletics for their new school (Lakeside Christian) as long as the student has not participated in that same sport at the other school during the same school year, and there are no potential violations of the FHSAA recruiting policy.

Participation:

Participation is defined as the student being entered into the FHSAA home campus roster for that specific sport season. Or being recognized as being on the team according to the Coaches and Administration of the previous school before the start of the regular season.

Athletic Recruiting:

Athletic recruiting is any attempt by any employee or athletic department staff member of an FHSAA member school, a representative of the school's athletic interests or a third party to pressure, urge, or entice a student who does not currently attend or participate for that school to change his/her attendance or participation there for the purpose of athletic participation. This occurs when the school employee, athletic department staff member or representative of the school's athletic interests makes improper contact with the student or a member of his/her family in an effort to pressure or urge the student to go to that school OR promises, offers or gives the student an impermissible benefit in an effort to entice the student to go to or participate for that school

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POLICIES & PROCEDURES

GOOD CAUSE POLICY CONT.

Who is “a representative of the school’s athletic interests?”:

Any person, business, or organization that participates in, assists with, and/or promotes a school’s athletic program is considered to be a representative of the school’s athletic interests. This includes, but is not limited to:

- A student-athlete or other student participant in the athletic program at that school;
- The parents, guardians, or other family members of a student-athlete or other student participant in the athletic program at that school;
- Immediate relatives of a coach or other members of the athletic department staff at that school;
- A volunteer with that school’s athletic program;
- A member of an athletic booster organization of that school;
- A person, business, or organization that makes financial or in-kind contributions to the athletic department or that is otherwise involved in promoting the school’s interscholastic athletic program.

Student-athletes who participated in a sport at their previous school during the same school year may not participate in the same sport unless they meet one of the following criteria:

- 1.) Dependent children of active duty military personnel whose move resulted from military orders.
- 2.) Children who have been relocated due to a foster care placement in a different school zone.
- 3.) Children who move due to a court-ordered change in custody due to separation or divorce, or the serious illness or death of a custodial parent.
- 4.) Authorized Good Cause established below in this policy.

POLICIES & PROCEDURES

GOOD CAUSE POLICY CONT.

4.) Authorized Good Cause established as:

A. Move to a new residence:

The student moves to a new home address due to a move by the student and a person or person(s) with whom he/she has been previously living that makes it necessary for the student to attend a different school and student meets all other eligibility requirements. A student cannot reside at more than one address, and only the student's current residence may be used for eligibility purposes. Evidence of a move is as follows but not limited to:

1. all personal belongings are moved from the former residence;
2. mail is received at the new residence;
3. all utilities are transferred to the new residence;
4. driver's license, voter registration, and other forms of legal identification are changed to the new residence. Forms of address verification – examples include, but are not limited to:
 - a. homestead exemption information;
 - b. utility bill, including service address;
 - c. proof of purchase of home;
 - d. current lease agreement.

B. This section applies to a student who transfers when he/she has to move into the residence of another person, making it necessary for the student to attend a different school because one of the persons with whom the student has been living is imprisoned or committed by court order to a mental facility.

C. Move to new residence following marriage: This section applies to a student who marries and immediately establishes a new residence with his/her spouse at a residence that makes it necessary for the student to attend a different school and meets all other participation requirements.

POLICIES & PROCEDURES

GOOD CAUSE POLICY CONT.

D. Hardship: This exception only applies to demonstrated hardship as shown by the student. The student and family must show proof of hardship. For purposes of this exception, demonstrated hardship shall include:

1. financial hardship: The student can no longer attend their current school because of a significant financial loss of income, or significant financial change. Proof must be provided by parent or guardian and submitted for review by administration

2. transportation hardship: The student can no longer attend their current school because of a significant change in transportation which makes getting to school difficult. Proof or statement must be provided by the parent or guardian and submitted for review by the administration

3. family hardship: The student can no longer attend their current school because of a significant hardship in the family which makes attending their current school difficult. Families will need to be able to explain and list the specific family hardship for consideration

4. academic hardship: The student's current school is not accredited by an approved academic association.

E. School Closure or Athletic Program Closure: The student's current school closes in the middle of the school year. Or the athletic team the student is on shuts down their program in the middle of the season.

Qualifying Transfer Students Become Eligible on the Sixth Day of Attendance

A transfer student who qualifies under Lakeside Christian's Good Cause Policy will be eligible for competition on the sixth school day of attendance at the new school if:

POLICIES & PROCEDURES

GOOD CAUSE POLICY CONT.

Qualifying Transfer Students Become Eligible on the Sixth Day of Attendance

A transfer student who qualifies under Lakeside Christian's Good Cause Policy will be eligible for competition on the sixth school day of attendance at the new school if:

- 1.The School has received and evaluated the student's official transcripts provided by his or her former school
- 2.The School has determined that the student meets all eligibility requirements

A transfer student whose former school cannot or will not provide an official sealed transcript will not be eligible in the new school until he or she has been in attendance for one full semester and has established a cumulative GPA.



ATHLETIC FEES



6th–8th Grade Students
\$75.00

High School Students
\$100.00

Junior High Football
(6th–8th Grade)
\$175.00

Varsity Football
(9th–12th Grade)
\$250.00

NOTE: PRICES DO NOT INCLUDE COST FOR TEAM T-SHIRTS



ATHLETIC UNIFORMS

LCS will provide game uniforms for each competitive team; students must purchase their own practice gear and may keep their practice gear at the end of the season.

Athletic uniforms must be turned in no later than one week after the final game.

All uniforms must be returned washed. Student-athletes are responsible for the loss or break of any uniform piece.

The athletic office will notify parents when uniforms are missing and parent accounts will be billed.

Please note that academic transcripts and diplomas may be withheld until payment is made or uniform is returned.



ATHLETIC FORMS



PHYSICAL EXAMS (EL2)

Each year, student athletes must undergo a physical evaluation and be certified as being physically fit for partaking in interscholastic athletic practice and competition.

One of the following must administer the annual physical evaluation: a licensed physician, a licensed osteopathic physician, a licensed chiropractic physician, a licensed physician assistant, or a certified advanced registered nurse practitioner.

All EL2 are valid for a period of one year from the date of the practitioner's signature.



CONSENT AND RELEASE FROM LIABILITY CERTIFICATE (EL3)

Each year, student athletes must turn in the Consent and Release from Liability Certificate (EL3) before being allowed to participate in sports.

SPORTSMANSHIP & ETHICS

Student-athletes, coaches, spectators and all other persons connected directly or indirectly with a member school, as well as contest officials, shall adhere to the principles of good sportsmanship and ethics of competition before, during and after all contests in which they participate and/or attend.

● A student-athlete who is disqualified (ejected) from a contest for unsportsmanlike conduct or a flagrant foul will be ineligible to compete for the remainder of the contest and for any other contest held during the next seven calendar days. If the disqualification (ejection) occurs in the last contest of the season, the student will be ineligible for the same period of time as stated above in the next sport in which he/she participates.

● A student-athlete who is disqualified (ejected) from a contest for any act of gross unsportsmanlike conduct will be ineligible to compete in any interscholastic athletic contest for a period of up to six weeks. Acts constituting gross unsportsmanlike conduct are defined in FHSA Bylaw 11.11.2

● It is the responsibility of the local school authorities to ensure this policy is enforced. When an ineligible student is allowed to participate, forfeiture of the contest is mandatory. This policy applies to all regular season and State Series contests.



PARENT AGREEMENT



This Page must be signed by both the student athlete and the student athlete's parents or guardians and returned to the athletic office before a student can represent Lakeside in Athletics.

Parent/Guardian Agreement—I/We have read the entire “Lakeside Christian School Athletic Handbook” and support the enforcement of its rules and guidelines. I/We agree to support the athletic department and coaching staff in their decisions, as they are delegated authority in my/our student’s athletic participation in LCS athletics.

[Please click here to provide your Parent Signature](#)

Stay Connected with us!



(727) 461-3311



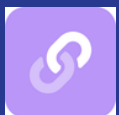
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