

Sophomore Guidance Checklists

This packet is designed to provide you with information that will help you as you come closer to the end of your high school career. While you won't graduate until next year, are things you should be doing now to prepare for life after high school.

Fall Checklist

_____ **Do your best in all of your classes.**

- Not only do you need the credits, but your good grades can earn you college scholarships.
- Grades count more than ever this year.

_____ **Focus on doing well in your extracurricular activities and make sure that you have time for your most important activities.**

If applicable:

_____ **Make up for being lazy last year! Get involved!**

- Try out for sports teams.
- Join the yearbook or the Drama class.
- Run for student leadership.
- Other _____.

_____ **Take the PSAT on October 13th at LCS.**

_____ **If your verbal is lower than you wanted it to be on the PSAT, read more books. Your Lit teachers will have great recommendations for you.**

Winter Checklist

_____ **Make sure that you are allowing yourself enough time to study. Creating a schedule is a great way to accomplish that.**

_____ **Try out for seasonal activities (sports, plays, etc.).**

_____ **If you have your heart set on a difficult career path or college, meet with your counselor now to figure out what steps will need to be taken to accomplish that goal.**

_____ **Keep a High School Resume (The Brag Sheet)**

- o Keep track of your activities such as sports and other clubs, your community service hours, and your awards. Remember to keep it updated. This will help you when you fill out college applications and allow the colleges you want to attend to see your accomplishments and credentials.

Spring Checklist

- _____ Try out for seasonal activities (sports, plays, etc.).
- _____ Tag along with your parents when they take your siblings to look at colleges.
- _____ Create a schedule for yourself to allow enough time to study for exams.

Summer Checklist

- _____ Complete your 10th grade worksheet as soon as you receive your final grades.
- _____ Read.
- _____ Ask your parents to take you on a trip to visit some colleges.
- _____ Start searching for Merit Scholarships if you intend to apply for them.
- _____ Do something worthwhile.
 - Get a job and start saving money and not spending it.
 - Get an internship in a field that you want to explore.
 - Volunteer for a cause you believe in.
 - Go to an athletic, arts, or academic camp.

Visit the guidance section of the school website for more information on college preparation.
<http://lakesidechristianschool.org/guidance.html>

If you have any questions about academic requirements, scholarships, or testing, please do not hesitate to contact me via email at jjenkins@lakesidechristianschool.org.

Jayne Jenkins

Guidance Counselor
727-461-3311 x311

HIGH SCHOOL REQUIREMENTS

(grades 9-12)

- 9th grade: Successful completion of 5-7 credits
- 10th grade: Successful completion of 12-14 credits
- 11th grade: Successful completion of 19-21 credits
- 12th grade: Successful completion of a minimum of 26 credits

GRADUATION REQUIREMENTS

Lakeside Christian School requires a minimum of 24 credits for graduation from high school for transfer students, which includes one credit in Bible for each year a student attends this school in grades 9 through 12.

Students who begin at Lakeside Christian School in 9th grade must have a minimum of 28 credits for graduation.

Although students and parents will be counseled, the student is to assume responsibility for knowing and meeting the requirements for graduation.

The credits needed for each graduation program are listed below.

Class	Credits Required
Bible	1 credit for each year at LCS
English	4
Science	4
Social Studies	4
Mathematics	4
Foreign Language (2 years of the same language)	2
Fine Arts	1
Physical Education (Health)	1
Computer	1
General Elective	0-4
TOTAL	24-28

ACHIEVEMENT TESTS

PLAN

The PLAN® test is administered in the fall of the sophomore year. The PLAN® program helps 10th graders build a solid foundation for future academic and career success and provides information needed to address school districts' high-priority issues. It is a comprehensive guidance resource that helps students measure their current academic development, explore career/training options, and make plans for the remaining years of high school and post-graduation years.

PLAN can help all students—those who are college-bound as well as those who are likely to enter the workforce directly after high school.

As a “pre-ACT” test, PLAN is a powerful predictor of success on the ACT. At the same time, many schools recognize the importance of PLAN testing for all students, as it focuses attention on both career preparation and improving academic achievement.

(<http://act.org/plan.html>)

For more information about the PLAN test, visit their website at <http://act.org/plan.html>.

PSAT/NMSQT

PSAT/NMSQT stands for Preliminary SAT/National Merit Scholarship Qualifying Test. It's a standardized test that provides firsthand practice for the SAT Reasoning Test™. It also gives you a chance to enter National Merit Scholarship Corporation (NMSC) scholarship programs.

The PSAT/NMSQT measures critical reading skills, math problem-solving skills, and writing skills.

The most common reasons for taking the PSAT/NMSQT are to receive feedback on your strengths and weaknesses on skills necessary for college study, to see how your performance on an admissions test might compare with that of others applying to college, and to help prepare for the SAT with the kinds of questions and the exact directions you will see on the SAT. (<http://www.collegeboard.com/student/testing/psat/about.html>)

NATIONAL HONOR SOCIETY

Students in 10th grade must meet the following criteria to be inducted into or maintain membership in the Lakeside chapter of the National Honor Society.

- 3.0 GPA
- 20 hours of Community Service
- Recommendation of teachers

CREATING YOUR RESUME - BRAG SHEET

- o Keep track of your activities such as sports and other clubs, your community service hours, and your awards. Remember to keep it updated. This will help you when you fill out college applications and allow the colleges you want to attend to see your accomplishments and credentials

Resume Components

Your Name
Your Phone Number
Your E-mail Address

Academic Awards & Honors
Extracurricular activities
Special Interests
Community Service
Summer Experiences
Jobs

Creating Your Resume

- Use your 4-year worksheets to put together resume.
- Final will need to be typed.
- Keep it to one page.
- Use a commonly used font and size such as Times New Roman size 12 that is easy to read.
- Keep it simple.
- Use bullet points to start each section and start with a verb.
- Be specific about accomplishments and activities
- Do internet searches for example college resumes to get ideas.
- Have a parent, teacher or guidance counselor proof-read your work to check for errors and misspelled words.

Helpful Resources

Resume Help
www.resume-help.org

101 Best Resumes
McGraw Hill \$12.95

FLORIDA BRIGHT FUTURES SCHOLARSHIP

<http://www.floridastudentfinancialaid.org/ssfad/bf/>

Florida Academic Scholars

- 100% tuition at one of the state universities in Florida and an additional \$375 for expenses.
- Requirements
 - 3.5 weighted GPA
 - Composite score of 1270 on SAT (based on Reading and Math sections only) OR 28 on ACT (excluding the writing section)
 - 75 hours of community service
 - Courses must include 15 credits of college preparatory academic courses.
 - § 4 English (3 with substantial writing)
 - § 4 Mathematics (Algebra I and above)
 - § 3 Natural Science (2 with substantial lab)
 - § 3 Social Science
 - § 2 Foreign Language (in the same language)

Florida Medallion Scholars

- 100% of tuition and allowable fees* for college credit courses leading to an associate degree.
- 75% tuition at one of the state universities in Florida.
- Requirements
 - 3.0 weighted GPA and
 - Composite score of 970 on SAT (based on Reading and Math sections only) OR 20 on ACT (excluding the writing section)
 - Courses must include 15 credits of college preparatory academic courses.
 - § 4 English (3 with substantial writing)
 - § 4 Mathematics (Algebra I and above)
 - § 3 Natural Science (2 with substantial lab)
 - § 3 Social Science
 - § 2 Foreign Language (in the same language)

10th Grade Worksheet

Record your academic and extracurricular accomplishments on this worksheet.

10th Grade GPA _____

Subject	Class title	Credits Earned	Grade
Bible	_____	_____	_____
English	_____	_____	_____
Science	_____	_____	_____
Social Studies	_____	_____	_____
Math	_____	_____	_____
Foreign Lang.	_____	_____	_____
Fine Arts	_____	_____	_____
Physical Edu.	_____	_____	_____
Computer	_____	_____	_____
Gen. Elective	_____	_____	_____
Other	_____	_____	_____
Other	_____	_____	_____
Other	_____	_____	_____
Other	_____	_____	_____

Total Credits Earned _____
(Successful completion of 12-14 credits in order to graduate.)

awards

community service

leadership positions

jobs

extracurricular activities

art _____

Clubs _____

Music _____

Sports _____

Theater _____

Other _____

interests & notes
